

Free Research-based MSKTC Resources to Support Individuals Living with Spinal Cord Injury (SCI)

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<https://msktc.org/sci>

SCI Factsheets

Available for download in English and Spanish

- [Adaptive Sports and Recreation](#)
- [Adjusting to Life After SCI](#)
- [Aging and SCI](#)
- [Autonomic Dysreflexia](#)
- [Bladder Management Options Following SCI](#)
- [Bowel Function After SCI](#)
- [Depression and SCI](#)
- [Driving After SCI](#)
- [Employment After SCI](#)
- [Exercise After SCI](#)
- [Maintenance Guide for Users of Manual and Power Wheelchairs](#)
- [Pain After SCI](#)
- [Pregnancy and Women with SCI](#)
- [Respiratory Health and SCI](#)
- [Safe Transfer Technique](#)
- [Sexually & Sexual Functioning After SCI](#)
- [Skin Care and Pressure Sores](#) (6 Part Series)
- [Spasticity and SCI](#)
- [SCI and Gait Training](#)
- [The Wheelchair Series: What the SCI Consumer Needs to Know](#) (3 Part Series)
- [Surgical Alternatives for Bladder Management Following SCI](#)
- [Surgical and Reconstructive Treatment of Pressure Injuries](#)
- [Understanding SCI](#) (2 Part Series)
- [Urinary Tract Infection and SCI](#)

SCI Quick Research Reviews

[SCI Quick Research Reviews](#) of Model Systems publications are frequently posted on the MSKTC Website

SCI Slideshows

- [Adaptive Sports and Recreation After SCI](#)
- [Bowel Function After SCI](#)
- [Employment After SCI](#)
- [Exercise After SCI](#)
- [Gait Training after SCI](#)
- [Pain After SCI](#)
- [Pregnancy and Women with SCI](#)
- [Safe Transfer Techniques](#)

SCI Hot Topic Modules

- [Exercise and Fitness After SCI](#)
- [Managing Bowel Function After SCI](#)
- [Managing Pain After SCI](#)

SCI Systematic Reviews

- [Prevention and Treatment of Bone Loss](#)
- [SCI and Adverse Exercise Effects](#)
- [SCI and Measures of Major Depression](#)
- [SCI and Sleep Apnea](#)

SCI Research Database

[More than 900 publications](#) developed by SCI Model Systems researchers.

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